

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|----------------|--------------------|-------------------------------|--------------------------------------|-------------------------|
| Preschool Entree/ Salad | Garlic Dip | Diced Tomato | Crudit  | Egg Canap  | Avocado Dip |
| Main Course | Lamb Brochette | Quiches | Chicken Chasseur | Hoki Fillet with prawn Sauce | Layered Beef Enchiladas |
| Variety of Salads | Mixed Leaves | Iceberg Lettuce | Coleslaw salad | Green Beans with Mustard Vinaigrette | Tomato & Cucumber Salsa |
| Bread | Baguette | Short Crust Pastry | Lebanese Bread | Wholemeal Bread | Tortilla |
| Carbohydrate | Couscous | Golden corn kernel | Penne Pasta | Rice Pilaff | Black eyed Beans |
| Vegetables | Ratatouille | Peas | Green & Gold Beans | Carrot Vichy | Vegetable Medley |
| Dairy + Milk Option | Milk | Mango Yoghurt | Vanilla Dairy Custard | Milk | Edgemont Cheese |
| Dessert | Fresh Fruit | Fresh Fruit | Chocolate Dipped Profiteroles | Fresh Fruit | Fresh Fruit |

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|------------------|-----------------------------|-----------------------------------|--|---------------|
| Preschool Entree/ Salad | Pumpkin Dip | Carrot Stick | Crudit  | 21 Minutes Egg | |
| Main Course | Corned Beef | Omelette au Fromage | Chicken Brochette rosemary Jus | Poached Hoki Fillet With Mushroom Sauce | |
| Variety of Salads | Shredded Carrot | Cucumber | Tomato Salad | Baby Spinach With Sunflower Seeds | School Closed |
| Bread | Baguette | Assorted Rolls | Lebanese Bread | Wholemeal Bread | |
| Carbohydrate | Steamed Potatoes | Macaroni pasta | Roasted Potatoes | Basmati Rice | |
| Vegetables | Broccoli | Tomato & Capsicum Etuvee | Zucchini & Red Peppers | Vegetable Medley | |
| Dairy + Milk Option | Milk | Cheddar | Milk | Vanilla Yoghurt | |
| Dessert | Fresh Fruit | Fresh Fruit | Chocolate Gateaux | Fresh Fruit | Fresh Fruit |

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|---|-----------------------|--|-----------------------------|-----------------------------|
| Preschool Entree/ Salad | Tomato Wedges | Apple & Celery | Cucumber Wheel | Hard Boiled Eggs | Hummus |
| Main Course | Diced Braised Beef Wholegrain Mustard Sauce | Pasta Al Forno | Mild Chicken Curry | Hoki Fillet Sauce with dill | 100% Pure Beef Burger |
| Variety of Salads | Mesclun | Garden Salad | Shoots, Sprouts & Coriander With Pineapple Salsa | 3 Colours Quinoa | Iceberg Lettuce & Tomato |
| Bread | Baguette | Assorted Roll | Flat Bread | Wholemeal Bread | Sesame Free Bun |
| Carbohydrate | Steamed Potatoes | Penne | Pakistani Rice | Tubular Pasta | Corn On The Cob |
| Vegetables | creamed Spinach | Eggplant & Tomatoes | Cauliflower & Pumpkin Seed | Diced Carrots Parsley | Onion & Beetroot |
| Dairy + Milk Option | Milk | Mozzarella & Parmesan | Milk | Yoghurt | Mild Cheddar |
| Dessert | Fresh Fruit | Fresh Fruit | Caramel Mud Cake | Fresh Fruit | Fresh Fruit |

| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|-------------------|--|--------------------|--------------------------------|-----------------------------|
| Preschool Entree/ Salad | Avocado & Carrots | Cucumber Batons | Celery & Apple | Egg Canapé | Tomato Wedges |
| Main Course | Slow Roast Veal | scrambled eggs flavoured with bacon | Chicken Stroganoff | Hoki With Apple Cider Sauce | Pizza Margarita |
| Variety of Salads | Beetroot Salad | Mixed Leaves | Coleslaw | Bean Salad | Rocket & Sundried Tomato |
| Bread | Baguette | Wholemeal Roll | Lebanese Bread | Wholemeal | Focaccia |
| Carbohydrate | Long Grain Rice | Hash Brown | Mashed Potato | White Rice | Golden Corn Kernels |
| Vegetables | Zucchini | Tomato & Mushroom | Peas & Pumpkin | Assorted Vegetables | Soya Beans & Capsicum |
| Dairy + Milk Option | Milk | Vanilla Yoghurt | Milk | Blueberry Yoghurt | Cheese Trio |
| Dessert | Fresh Fruit | Fresh Fruit | Apple crumble | Fresh Fruit | Fresh Fruit |

| Week 5 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|---------------------------------|------------------|------------------------------|-------------------|-------------------------------------|
| Preschool Entree/ Salad | | sweet potato dip | Raw Vegetables | Chickpea Dip | Baby Gherkins |
| Main Course | Queen Birthday School Closed | Veal stew | Chicken Paella | Tuna Pasta Bake | Veal Sausage With German Mustard |
| Variety of Salads | | Mesclun | Lettuce With Black Olives | Rocket & Capsicum | Celery & Parsley |
| Bread | | Baguette | Flat Bread | Assorted Rolls | Black Bread |
| Carbohydrate | | Mash potatoes | Rice | Macaroni | Steamed Potato |
| Vegetables | | Cauliflower | Green Beans & capsicum | Broccoli | Sauerkraut |
| Dairy + Milk Option | | cheese | Vanilla Ice Cream | Cheddar | Linzer tart |
| Dessert | | Fresh Fruit | Poire Belle Helene | Fresh Fruit | Fresh Fruit |

| Week 6 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|-------------------|----------------------------|-------------------------|------------------------------|--------------------------|
| Preschool Entree/ Salad | Beetroot Dip | Vegetarian Spring Roll | Raw Vegetables | Sliced Eggs On Rice Crackers | Chickpea Dip |
| Main Course | Pot au feu | Fried Rice with Tofu & Egg | Chicken Sauce Vignerone | Tempura Fish Morsels | Spirally Bolognese |
| Variety of Salads | Salad Arlequin | Chinese Cabbage | Autumn salad | beansprouts | Tomato, Lettuce & Capers |
| Bread | Baguette | Wholemeal | Flat Bread | Baker's Selection | baguette |
| Carbohydrate | potatoes in stock | Long Grain Rice | Couscous | Rice Noodles | Pasta |
| Vegetables | baby carrots | Soya Beans & Carrots | Broccoli & Mushroom | Asian Vegetables | Zucchini & Thyme |
| Dairy + Milk Option | Milk | Brie | Milk | Yoghurt | Parmesan |
| Dessert | Fresh Fruit | Fresh Fruit | Black Forest Cake | Fresh Fruit | Fresh Fruit |